



# Ripples

A Quarterly Newsletter of the Hyderabad Psychological Association

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## EDITORIAL

Today, the growing importance of *Psychology* and *Psychological services* is recognized and recommended in all walks of our life... right from our development stage in mother's womb to the taxing-tiring old age. Support of various branches of *Psychology* comes in our way of life, like *Child Psychology*, *Developmental Psychology through Educational Psychology*, *Social Psychology* and *Abnormal Psychology to Industrial Psychology*, *Clinical Psychology* and *Counseling Psychology*. Now no wonder, if I call it as *Scientific Psychology* which incorporates all the essence of *Science*. Thanks to all those who are generating the awareness of *Scientific Psychology* and extending their helping hand.

*No one can do everything, everyone can do something, and together we can accomplish all - J. Feinberg*

This issue features an article on a burning problem of our society 'Teen Suicides.'

We invite our member's to make articles contributions. Any suggestions, additions for the improvement of *RIPPLES* are always welcome.

Padmini R

## Welcome to HPA Foundation Day

On the occasion of HPA Foundation Day on August 10, a special Lecture on '*Mental Health of Women*' is being organized at HPA Counselling Centre, A.V.College, Domalguda, Hyderabad at 4:00 p.m.

The guest speaker is *Dr. U. Vindya, Professor of Psychology, Andhra University, Vishakapatam.*

This will be followed by the Annual General Body Meeting. All Annual and Life Members are invited.

## Workshops on Life Skills Development



Keeping in view the importance of imparting Life Skills to the students, HPA conducted several programmes to the school and college students to enhance their personal effectiveness.

- **Summer Art Camp at Salar Jung Museum, Hyderabad from May 11 - 15 '06.** The Resource persons were Dr. C.Raja Mouli, President, HPA, Consultant Psychologists - Ms.Pragya Rashmi and Ms. Rajini, and Ms. Padmini Rangarajan, Social Worker.
- **For High School Students at HPA Counselling Centre, from May 15 - 17 '06.** Dr. C.Raja Mouli, President, HPA, Dr. Dheer, Dr. C.Ramchander, Consultant Psychologists - Mr.Vishesh, Ms.N.Mythili, Dr.Madhavi Latha, Ms. Rajini and Ms. Padmini Rangarajan Social Worker were the resource persons.
- **For College Students at HPA Counselling Centre from May 24 - 26 '06.** Dr. C.Raja Mouli, President, HPA, Dr. K.N.Vishwanath, Clinical Psychologist & Vice-President, HPA, Dr. P. Swathi, General Secretary, HPA, Mrs.G.Padmaja, Counselling Psychologist were the resource persons. Ms. Padmini Rangarajan, Social Worker was the Coordinator for this Life Skills Development Programme.
- **Government High School IRC Village, Bhubaneshwar on June 9<sup>th</sup> & 10<sup>th</sup> '06.** Dr. C.Raja Mouli, President, HPA, conducted this programme.